

Leave Your "Buts" Behind You

Draw your dream or vision

What are your "but" words? The negative words that come into your head when you dream big?

GOAL (S.M.A.R.T = Specific, Measurable, Achievable, Relevant, Timely)

ACTION ITEMS (TO-DO TO MAKE YOUR GOAL HAPPEN)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday